

Sustainable Living Initiative



Sustainable Living Initiative

Marlpit Community Garden, Marlpit Lane, NR6 5ES

Web:

<http://grow-our-own.co.uk/>

Email:

sustainable@grow-our-own.co.uk

Sustainable Living Initiative aims to improve the quality of life for individuals and communities through gardening and environmental projects.

Past activities include

practical gardening training (soil basics, how to dig vegetable plot properly, how to make your own compost, how to identify garden weeds),

- tree and soft tree pruning,
- family activities,
- seed sowing,
- jam making,
- cooking,
- cloth dyeing,
- tea tasting,
- sketching,

- volunteering days for community garden and forest garden, etc.

Ongoing volunteering events

- Every Tuesday, 10-1pm, volunteer day, includes lunch on the first Tuesday of each month.
- Every Thursday, 10-1pm, forest gardening

**SUSTAINABLE
LIVING
INITIATIVE**